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COLONIAL ATHLETIC ASSOCIATION

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April 8, 2008

FOR IMMEDIATE RELEASE

2007-08 CAA Wrestling Awards ODU's Martin Coach of the Year Hofstra's Griffin Wrestler of Year ODU's Nicholson Rookie of Year

LAWRENCEVILLE, NJ—The Colonial Athletic Association wrestling coaches have announced their 2007-08 Coach of the Year, Wrestler of the Year, Rookie of the Year and the CAA All-Rookie Team.

Steve Martin, who led Old Dominion University to a top-20 national ranking and a top-35 finish at Nationals, was named the CAA Wrestling Coach of the Year.

Sophomore Charles Griffin of Hofstra University was named the CAA Wrestler of the Year, finishing third in the nation at 141 pounds to earn All-America honors. Griffin won five of six bouts at Nationals.

Freshman James Nicholson of ODU was named the CAA Rookie of the Year, after placing eighth in the nation at 125 pounds to earn All-America honors. Nicholson won three bouts at Nationals, including victories over the seventh and ninth seeds.

The CAA All-Rookie team was composed of 125 James Nicholson of ODU, 133 Mitch Fenton of Rider, 141 Anwar Goeres of Binghamton, 149 Brandon Bucher of George Mason, 157 Frankie McLaughlin of George Mason, 165 Ryan Patrovich of Hofstra, 174 Mike Darling of Rider, 184 Justin Danz of Hofstra, 197 Cael Byers of George Mason and heavyweight Andy Totusek of ODU.