

2010 At-Large Qualifiers

| Qualifying Tournament | 125 | 133 | 141 | 149 | 157 | 165 | 174 | 184 | 197 | 285 | Total |
|---|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|
| Atlantic Coast Conference | | | | 1 | | | | | | | 1 |
| Big 12 Conference | | 1 | 1 | | | | | 1 | | | 3 |
| Big Ten Conference | | 2 | 1 | | 2 | 2 | 1 | 2 | 1 | | 11 |
| Colonial Athletic Association | | 1 | | | | 2 | 1 | | 1 | | 5 |
| East Regional | | | | | | | | | | | 0 |
| Eastern Intercollegiate Wrestling Association | 1 | 1 | 2 | 1 | | | 1 | | 2 | 1 | 9 |
| Eastern Wrestling League | 1 | | | 1 | | | 1 | | | | 3 |
| Mid-American Conference | | | 1 | 1 | 1 | 1 | 1 | | | 1 | 6 |
| Pacific-10 Conference | 2 | 1 | 1 | | 1 | | | 1 | | 1 | 7 |
| Southern Conference | | | | | | | | 2 | | | 2 |
| West Regional | | 1 | | | 2 | | | | | | 3 |
| TOTAL QUALIFIERS | 4 | 7 | 6 | 4 | 6 | 5 | 5 | 6 | 4 | 3 | 50 |